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Name.....

Reg. No.....

**FOURTH SEMESTER M.S.W. DEGREE (REGULAR/SUPPLEMENTARY)
EXAMINATION, APRIL 2024**

(CBCSS)

Master of Social Work

SOW 4E1 03—THERAPEUTIC APPROACHES IN
MEDICAL AND PSYCHIATRIC SETTINGS

(2019 Admission onwards)

: Three Hours

Maximum : 30 Weightage

Section A

*Answer any four questions not exceeding 100 words.
Each question carries 2 weightage.*

- 1. What is the empty chair technique ?
- 2. What is ABC model in cognitive behaviour therapy ?
- 3. What is guided imagery ?
- 4. What is art therapy ?
- 5. What is exposure therapy ?
- 6. What is music therapy ?
- 7. Explain unconditional positive regard.

Section B

(4 x 2 = 8 weightage)

*Answer any four questions not exceeding 300 words.
Each question carries 3 weightage.*

- What are the common focus areas of interpersonal therapy ?
- What are the advantages and disadvantages of gestalt therapy ?
- What are the psychosexual stages of development ?
- What are the common techniques used in play therapy among children ?
- What is mindfulness-based stress reduction ?

Turn over

13. What are therapeutic communities ?
14. Write a note on occupational therapy.

$(4 \times 3 = 12$ weightage)

Section C

*Answer any two questions not exceeding 800 words.
Each question carries 5 weightage.*

15. Write an essay on the principles and techniques of gestalt therapy.
16. Write an essay on crisis intervention.
17. What is behaviour therapy ? Explain various techniques in behaviour therapy.
18. Explain the types of family therapy. What are the goals and benefits of family ?

$(2 \times 5 = 10$ weightage)