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(Pages : 2)

Name.....

Reg. No.....

**FOURTH SEMESTER M.S.W. DEGREE (REGULAR/SUPPLEMENTARY)
EXAMINATION, APRIL 2024**

(CBCSS)

Master of Social Work

**SOW 4E1 03—THERAPEUTIC APPROACHES IN
MEDICAL AND PSYCHIATRIC SETTINGS**

(2019 Admission onwards)

e : Three Hours

Maximum : 30 Weightage

Section A

*Answer any **four** questions not exceeding 100 words.
Each question carries 2 weightage.*

- 1. What is the empty chair technique ?
- 2. What is ABC model in cognitive behaviour therapy ?
- 3. What is guided imagery ?
- 4. What is art therapy ?
- 5. What is exposure therapy ?
- 6. What is music therapy ?
- 7. Explain unconditional positive regard.

Section B

(4 × 2 = 8 weightage)

*Answer any **four** questions not exceeding 300 words.
Each question carries 3 weightage.*

- 1. What are the common focus areas of interpersonal therapy ?
- 2. What are the advantages and disadvantages of gestalt therapy ?
- 3. What are the psychosexual stages of development ?
- 4. What are the common techniques used in play therapy among children ?
- 5. What is mindfulness-based stress reduction ?

Turn over

13. What are therapeutic communities?
14. Write a note on occupational therapy.

(4 × 3 = 12 weightage)

Section C

*Answer any two questions not exceeding 800 words.
Each question carries 5 weightage.*

15. Write an essay on the principles and techniques of gestalt therapy.
16. Write an essay on crisis intervention.
17. What is behaviour therapy? Explain various techniques in behaviour therapy.
18. Explain the types of family therapy. What are the goals and benefits of family?

(2 × 5 = 10 weightage)