

D 43693

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Name.....

Reg. No.....

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, JUNE 2018

(CUCSS-PG)

SW 2C 08 – THEORY AND PRACTICE OF COUNSELLING

(2015 Admissions)

Time : Three Hours

Maximum : 36 Weightage

Part I

Answer all questions.

Answer to each question should not exceed 50 words.

Each question carries 1 weightage.

1. Group counselling.
2. Reflection.
3. Strength based approach.
4. Guidance.
5. Transference.
6. Code of ethics.
7. Reinforcement.
8. Flooding.
9. Rationalization.
10. Clarification.

(10 × 1 = 10 weightage)

Part II

Answer any six questions.

Answer to each question should not exceed 300 words.

Each question carries 3 weightage.

11. List out the advantages of behavioral approach in counselling.
12. Elucidate with examples the various types of cognitive distortions given by Beck.
13. Give three examples of children's behavior in classroom learning situations where token economy can be used.
14. Discuss the importance of relationship in counselling. Explain the essential skills required for a counsellor.

Turn over

15. Explain the need of counselling in social work practice.
16. Define Crisis Counselling. Describe the steps in crisis counselling.
17. What are the personal qualities of an effective counsellor?
18. Define HIV/AIDS Counselling. What are the strategies of HIV/AIDS counselling?
19. What is the ABCD sequence in REBT?

(6 × 3 = 18 weightage)

Part III

Answer any two questions.

Answer to each question should not exceed 800 words.

Each question carries 4 weightage.

20. Describe the role of genetics in contributing to the development of addiction. How can help in the treatment of addiction?
21. Discuss the importance of active listening in the counselling profession. Explain basic of active listening when counselling.
22. Describe the basic concepts of person centered therapy. Discuss the relationship between self-concept and the ideal self. Why is congruence between concept of self and ideal self importance?
23. Explain the stages and process of Counselling.

(2 × 4 = 8 weightage)