

14. Listening is key skill in counselling. Discuss using appropriate examples.
15. Awareness is goal and tool of this therapy. Comment.
16. Mindfulness based stress reduction is a growing field of practice. Discuss.
17. Discuss the techniques of grief counselling.
18. How do you perform de-addiction counselling ?

(6 × 3 = 18 weightage)

### Part III

*Answer any two questions.*

*Answer to a question is limited to 800 words.*

*Each question carries 4 weightage.*

19. Elaborate the stages of counselling offered to a person affected with Cancer.
20. Listening requires demonstration of multiple skills. Comment.
21. Marital and family issues can be dealt effectively using counselling. Elaborate.
22. Discuss the need and strategies of workplace counselling using examples.

(2 × 4 = 8 weightage)

**SECOND SEMESTER M.S.W. DEGREE EXAMINATION, JUNE 2019**

(CUCSS)

M.S.W.

SW 2C 11—THEORY AND PRACTICE OF COUNSELLING

(2018 Admissions)

: Three Hours

Maximum : 36 Weightage

**Part I***Answer all questions.**Answer to each question should not exceed 50 words.**Each question carries 1 weightage.*

Write short notes on :

1. Psychotherapy.
2. Exploring.
3. Evaluation.
4. Attending.
5. Summarizing.
6. Facial expression.
7. Fidelity.
8. Superego.
9. Mindfulness.
10. Substance abuse.

(10 × 1 = 10 weightage)

**Part II***Answer any six questions.**Answer to each question should not exceed 300 words.**Each question carries 3 weightage.*

11. List the advantages and limitations of group counselling.
12. Counselling is a technique used in social case work. Comment.
13. Provide details of termination and evaluation phase.