

**D 93081**

(Pages : 2)

Name.....

Reg. No.....

**FIRST SEMESTER M.S.W. DEGREE EXAMINATION, DECEMBER 2015**  
(CUCSS)

**SW 1C 05—PERSONAL AND PROFESSIONAL SKILLS FOR SOCIAL WORKERS**  
(2015 Admissions)

Time : Three Hours

Maximum : 36 Weightage

**Part I**

*Answer all questions.*

*Answer to each question should not exceed 50 words.*

*Each question carries 1 weightage*

1. Cybernetics.
2. Team building.
3. Role play.
4. Legal writing.
5. Genuiness.
6. Self esteem.
7. Eustress.
8. Ideal self.
9. Strokes.
10. Active listening.

(10 × 1 = 10 weightage)

**Part II**

*Answer any six questions.*

*Answer to each question should not exceed 300 words.*

*Each question carries 3 weightage*

11. What are the various levels of communication ?
12. Describe the principles of intra-group dynamics relevant in team building.
13. Discuss the importance of cyber laws.
14. What are the interpersonal skills essentials in the Social work practice.
15. Write a short essay on theories of communication.
16. Describe the qualities of a Social worker.

Turn over

17. Discuss the various verbal and non-verbal communication related to Social work practice.
18. Write a short essay on referencing and plagiarism.
19. How can we prevent occupational stress ?

(6 × 3 = 18 weightage)

### Part III

*Answer any two questions.*

*Answer to each question should not exceed 800 words.*

*Each question carries 4 weightage.*

20. Define Leadership. What are the qualities required for a good leader ?
21. Yoga and meditation can promote competency and integrity-Explain.
22. What are the important relationship skills essential for social work practice ?
23. Discuss the various techniques and significance to understanding self.

(2 × 4 = 8 weightage)