

FOURTH SEMESTER B.A. DEGREE EXAMINATION, APRIL 2018

(CUCBCSS-UG)

Sociology

SOC 4B 06/SOM 4B 05—LIFE SKILL DEVELOPMENT

Time : Three Hours

Maximum : 80 Marks

Section A (Objective type questions)

Answer all questions.

Choose the right answer from the following options :

1. Among the following which one is a positive emotion :
 - (a) Narcism.
 - (b) Affection.
 - (c) Attachment.
 - (d) Detachment.
2. Which one doesn't belong to cognitive skill :
 - (a) Numerical skill.
 - (b) initiation skill.
 - (c) Critical thinking.
 - (d) logical thinking.
3. Ability to understand one's own personal competency means :
 - (a) Intrapersonal skills.
 - (b) Interpersonal skills.
 - (c) Rational skill.
 - (d) Aesthetic skill.
4. Guidance means ————.
 - (a) Assisting a person
 - (b) Discourage a person
 - (c) Moral support
 - (d) Problem solving.
5. Self-esteem denotes :
 - (a) Self-satisfaction.
 - (b) One's own worth.
 - (c) Need reduction.
 - (d) Self-adjustment.
6. Daniel Goleman is associated with :
 - (a) Intelligence quotient.
 - (b) Emotional insecurity.
 - (c) Verbal intelligence.
 - (d) Emotional intelligence.

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7. The genetically transmitted characteristics of human organism is.
- (a) Environment. (b) Heredity.
(c) Character. (d) Behavior.
8. The self-speaking document about a person is
- (a) Resume. (b) Affidavit.
(c) Birth certificate. (d) Anecdotal record.
9. Which type of guidance is required in the selection of a job ?
- (a) Personal guidance. (b) Career guidance.
(c) Group guidance. (d) Counselling.
10. 'I have a dream'— is the famous speech of :
- (a) Nelson Mandela. (b) Martin Luther King.
(c) Barak Obama. (d) Winston Churchill.

(10 × 1 = 10 ma

Section B (Very Short Answer Type Questions)

*Answer any ten of the following.
Each question carries 2 marks.*

11. Esteem needs.
12. Career talk.
13. Curriculum vitae.
14. Decision making skill.
15. Emotional stability.
16. Empathy.
17. Social environment.
18. Entrepreneur.
19. Self-control.
20. Role model.
21. Intelligence.
22. Career information.

(10 × 2 = 20

Section C (Short Essays)

*Answer any six questions.
Each question carries 5 marks.*

23. Explain the scope of information technology in career information services?
24. Verbal communication is important in interpersonal relation. Explain.
25. "Team work has a pivotal role in the success of a firm"-substantiate.
26. Differentiate between soft skills and hard skills.
27. Define personality.
28. What do you mean by emotional intelligence?
29. What are the factors affecting the socialization process of an individual?
30. Discuss the importance of body language in communication.

(6 × 5 = 30 marks)

Section D (Essays)

*Answer any two of the following.
Each one carries 10 marks.*

31. Discuss in detail about the most relevant life skills in the process of youth development.
32. Explain the importance of interpersonal skills. Suggest some activities which will be helpful to inculcate interpersonal relationship among the youth
33. Define emotion. Why do we say that adolescence is a stage of stress and strain?
33. Prepare a sample curriculum vitae for the job of a marketing executive.

(2 × 10 = 20 marks)